



## Sunday 28 June 2020

- All the Bible readings come from the *New Revised Standard Version*.
- The liturgy assumes the service is Eucharistic. The prayers of consecration have been included at the end rather than in situ because many following the service will be in isolation and unable to celebrate the sacrament.
- The hymns are YouTube links. To hear the hymns please hover the mouse over each link, press Ctrl and then return.

## Introduction and welcome

HYMN 1 [All I once held dear](#)

([click on this link to hear the hymn](#))

## The Welcome

In the name of the Father, and of the Son, and of the Holy Spirit

**All Amen.**

The Lord be with you

**All And also with you.**

## The Preparation

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.’

And the second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**All Amen. Lord, have mercy.**

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Therefore, let us confess our sins in penitence and faith, firmly resolved to keep God’s commandments and to live in love and peace with all.

**All** Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.

Almighty God,  
who forgives all who truly repent, have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All** Amen.

## The Gloria

Click [here](#) for the tune of this version of the Gloria ('Cwm Rhondda').

**All** Glory be to God in Heaven,  
Songs of joy and peace we bring,  
Thankful hearts and voices raising,  
To creation's Lord we sing.  
Lord we thank you, Lord we praise you,  
Glory be to God our King:  
Glory be to God our King.

Lamb of God, who on our shoulders,  
Bore the load of this world's sin;  
Only Son of God the Father,  
You have brought us peace within.  
Lord, have mercy, Christ have mercy,  
Now your glorious reign begin:  
Now your glorious reign begin.

**You O Son of God are Holy,  
You we praise with one accord.  
None in heav'n or earth is like you,  
Only you are Christ the Lord.  
With the Father and the Spirit,  
Ever worshipped and adored:  
Ever worshipped and adored.**

### **The Collect for the Third Sunday after Trinity**

God our Saviour,  
look on this wounded world in pity and in power;  
hold us fast to your promises of peace  
won for us by your Son,  
our Saviour Jesus Christ.

**All Amen.**

### **First reading**

A reading from the second book of prophecy of Jeremiah

Then the prophet Jeremiah replied to the prophet Hananiah before the priests and all the people who were standing in the house of the Lord. He said, 'Amen! May the Lord do so! May the Lord fulfil the words you have prophesied by bringing the articles of the Lord's house and all the exiles back to this place from Babylon.

Nevertheless, listen to what I have to say in your hearing and in the hearing of all the people: From early times the prophets who preceded you and me have prophesied war, disaster and plague against many countries and great kingdoms. But the prophet who prophesies peace will be recognized as one truly sent by the Lord only if his prediction comes true.'

*Jeremiah 28:5-9*

This is the Word of the Lord

**All Thanks be to God.**

### **Second reading**

A reading from St Paul's Letter to the Romans

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and

present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness.

I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death but the free gift of God is eternal life in Christ Jesus our Lord.

*Romans 6:12–end*

This is the Word of the Lord

**All Thanks be to God.**

**HYMN 2 He is Lord! He is Lord!** (please click on this link to hear the hymn)

## **Gospel reading**

Hear the Gospel of our Lord Jesus Christ according to Matthew

**All Glory to you O Lord.**

Jesus said, 'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.' *Matthew 10:40–42*

This is the Gospel of the Lord

**All Praise to you O Christ.**

## **Sermon**

Sometimes when we read the Bible it can be hard work to make sense of what the



text is about. In particular it can often be difficult to see how a passage might be relevant to us today. Sometimes this is due to the obscure terminology or to complex phrases. Sometimes it might be due to the great age of the texts and the social, political or ethical struggles they depict that seem utterly alien to us now.

Happily though, there are passages where we are given a clearer meaning. The advice or instruction, be it moral or spiritual, is easier to grasp. Such is the case with our readings today. Our Gospel passage is taken from a longer discourse where Jesus is giving his disciples their marching orders. Having been with them for some time and having taught them much, he now sends them out on their first teaching missions. This passage in effect takes us right back to the beginning of Christian missionary work and this is relevant today because each and every single one of us is called to take part in the mission of God. It is a mission of teaching, preaching, healing, peace-making and transforming the world. It's a mission which emphatically does not belong just to the clergy (heaven help us if it did!) We are all called to serve this cause of building up the Kingdom of God. There are of course many and varied ways of doing it. The Anglican Church has for many years talked about 'five marks of mission': proclaiming the gospel, teaching and baptising, offering loving service to those in need, standing against violence and injustice and caring for God's creation. These are all necessary, some of them even more so in our present crisis. I urge you to think prayerfully about how you can best fulfil your role in this great mission.

The advice we are given in today's reading concerns our interactions with others. The theme might be expressed with those old sayings 'actions speak louder than words' and 'by one's deeds will you know them.' It is what we do that reveals who we are. If we welcome others, we welcome God. If we are open to the Gospel, then we receive its grace. If we do good deeds to others—Jesus even suggests something as simple as the giving of a drink—in the name of God, then we are serving God's mission and we have a place in the Kingdom. We are called to act with integrity.

The idea is also present in our reading from St Paul. The Letter to the Romans has much to say about Law and Grace and the discussion is often tough to follow. What he was getting at was this: The Old Testament Laws contain much that is beautiful and ethically inspiring; avoid murder, theft and false witness, be compassionate to the poor, the widows, the orphans and the refugees. They also contain large amounts of complex purity rules. It was hard to follow them all. This means that it was easy to become smug and self-righteous if you managed it. Hence the scribes and the pharisees tended to look down on those who weren't up to the

mark. In other words, they were keeping the letter of God's law but breaking the spirit of it by lacking in charity toward their brothers and sisters. So Paul realised that the Law was a flawed way of building up God's Kingdom. He also realised that the Law wasn't needed any more. God became a human person in Jesus Christ. He taught us how to live as God wants us to. Crucially he modelled that life himself. He taught the ignorant, healed the sick, defended the poor, stood up for justice, and went to his death out of faithfulness to God's mission. Christ's resurrection is the sign of new life in a new creation which is a poetic way of saying that God has taken the initiative to start putting right all that is wrong with the world. Our calling is to participate in this work. For St Paul, when we identify ourselves with Jesus Christ, we become part of this new creation, at least so long as we actually try to live according to the principles we believe in.

So, in summary, our reading and our Gospel today are inviting us to get involved in God's work and make a meaningful difference. We have been offered God's free gift which is the promise of new life in Christ. What we must do now is to live our lives in a way that shows that we have accepted that gift.

## The Creed

Do you believe and trust in God the Father,  
the source of all being and life,  
the one for whom we exist?

**All We believe and trust in him.**

Do you believe and trust in God the Son,  
who took our human nature,  
died for us and rose again?

**All We believe and trust in him.**

Do you believe and trust in God the Holy Spirit,  
who gives life to the people of God  
and makes Christ known in the world?

**All We believe and trust in him.**

This is the faith of the Church.

**All This is our faith.**

**We believe and trust in one God,**

**Father, Son and Holy Spirit.**

**Amen.**

## Prayers of intercession

In the power of the spirit and in union with Christ, let us pray to the Father.

Lord our God we pray for your blessing upon your church gathered throughout the world, upon all Bishops, priests and deacons and all faithful lay people. We commend to your mercy and protection all our brothers and sisters in Christ, especially those who risk persecution for their faith.

Lord in your mercy

**All** hear our prayer

Lord we pray for your blessing upon all Christian charities and all Christian missionaries. We ask you to guide and inspire all those who labour to build up your Kingdom in this world. Give us the courage to join in with this great work.

Lord in your mercy

**All** hear our prayer

We pray in thanksgiving for the beauty of the creation and we repent of our failures to take care of it. Bring healing to the natural world we pray and teach us Lord to be better stewards of all that you have made.

Lord in your mercy

**All** hear our prayer

We pray for the nations of the world, for justice and liberty within them and for peace between them. We pray for an end to all forms of armed conflict and for help for those who suffer as a result of war.

Lord in your mercy

**All** hear our prayer

We pray for all the victims of the Covid 19 pandemic, both those who have died and those who are suffering the effects of this illness. Grant we pray O Lord a swift end to this epidemic and recovery of health to all those afflicted.

Lord in your mercy

**All** hear our prayer

We pray for all the sick whatever their illnesses or injuries may be, naming especially *N* ... We ask Lord that you send comfort, peace and healing on them and their loved ones. We pray for our NHS and healthcare workers around the world. Give them courage and fortitude at this time. We pray so that men and women will continue to be graced with the gifts to serve others in the medical profession.

Lord in your mercy

**All** hear our prayer



We remember before God all those known to us who have died and in particular we name N ... Rest eternal grant unto them O Lord and let light perpetual shine upon them. May they rest in peace and rise in glory. Amen

**Merciful Father,**

**All accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## The peace

The fruit of the Spirit is love, joy and peace.

The peace of the Lord be always with you,

**All And also with you. Alleluia!**

**HYMN 3 Jesus, name above all names** (please click on this link to hear the hymn)

The liturgy of the Communion Service appears below

## The Dismissal

The Lord bless you and keep you.

The Lord make his face to shine upon you and  
be gracious to you.

The Lord lift up the light of his countenance upon you  
and give you his peace;

and the blessing of God the Almighty:

Father, Son, and Holy Spirit,

be with you now and remain with you always.

**All Amen.**

**HYMN 4 Lord, for the years** (please click on this link to hear the hymn)

Go in peace to love and serve the Lord.

**All In the name of Christ.  
Amen.**

# The Liturgy of the Sacrament

## Eucharistic Prayer (prayer E)

The Lord be with you

**All and also with you.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and saying,

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith:

**All Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**All Amen.**

## The Lord's Prayer

As our Saviour taught us, so we pray

**All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

## Breaking of the Bread

We break this bread to share in the body of Christ.

**All Though we are many, we are one body,  
because we all share in one bread.**

**All Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

Draw near with faith.

Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

**All** We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy  
so much as to gather up the crumbs under your table.  
But you are the same Lord  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that our sinful bodies may be made clean by his body  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him,  
and he in us.  
Amen.

Communion is distributed.

### **Prayer after Communion**

O God, whose beauty is beyond our imagining  
and whose power we cannot comprehend:  
show us your glory as far as we can grasp it,  
and shield us from knowing more than we can bear  
until we may look upon you without fear;  
through Jesus Christ our Saviour.

**All** Amen

**All** Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.